

	Start of amplification period	Amplification peaks	Amplification/mitigation limit	Mitigation peaks	End of mitigation period
	June 19, 1912	July 31, 1914	May 1, 1906	June 11, 1908	July 22, 1910
	November 29, 1920	January 10, 1923	October 11, 1914	November 21, 1916	January 1, 1919
	May 11, 1929	June 22, 1931	March 23, 1923	May 3, 1925	June 13, 1927
	October 21, 1937	December 2, 1939	September 2, 1931	October 13, 1933	November 23, 1935
	April 2, 1946	May 13, 1948	February 12, 1940	March 25, 1942	May 4, 1944
	September 12, 1954	October 23, 1956	July 24, 1948	September 4, 1950	October 14, 1952
	February 22, 1963	April 4, 1965	January 3, 1957	February 14, 1959	March 26, 1961
	August 4, 1971	September 14, 1973	June 15, 1965	July 27, 1967	September 5, 1969
	January 14, 1980	February 24, 1982	November 25, 1973	January 6, 1976	February 15, 1978
	June 25, 1988	August 6, 1990	May 7, 1982	June 17, 1984	July 28, 1986
	December 5, 1996	January 16, 1999	October 17, 1990	November 27, 1992	January 7, 1995
	May 17, 2005	June 28, 2007	March 29, 1999	May 9, 2001	June 19, 2003
	October 27, 2013	December 8, 2015	September 8, 2007	October 19, 2009	November 29, 2011
	April 8, 2022	May 19, 2024	February 18, 2016	March 31, 2018	May 10, 2020
	September 18, 2030	October 29, 2032	July 30, 2024	September 10, 2026	October 20, 2028
	February 28, 2039	April 10, 2041	January 9, 2033	February 20, 2035	April 1, 2037
	August 10, 2047	September 20, 2049	June 21, 2041	August 2, 2043	September 11, 2045
	January 20, 2056	March 2, 2058	December 1, 2049	January 12, 2052	February 21, 2054
	July 1, 2064	August 12, 2066	May 13, 2058	June 23, 2060	August 3, 2062
	December 11, 2072	January 22, 2075	October 23, 2066	December 3, 2068	January 13, 2071
	May 23, 2081	July 4, 2083	April 4, 2075	May 15, 2077	June 25, 2079
	November 2, 2089	December 14, 2091	September 14, 2083	October 25, 2085	December 5, 2087
		Start		End	
Amplification phases				March 30, 1908	
		June 11, 1908		September 9, 1916	
		November 21, 1916		February 19, 1925	
		May 3, 1925		August 1, 1933	
		October 13, 1933		January 11, 1942	
		March 25, 1942		June 23, 1950	
		September 4, 1950		December 3, 1958	
		February 14, 1959		May 15, 1967	
		July 27, 1967		October 25, 1975	
		January 6, 1976		April 5, 1984	
		June 17, 1984		September 15, 1992	
		November 27, 1992		February 25, 2001	
		May 9, 2001		August 7, 2009	
		October 19, 2009		January 17, 2018	
		March 31, 2018		June 29, 2026	
		September 10, 2026		December 9, 2034	
		February 20, 2035		May 21, 2043	
		August 2, 2043		October 31, 2051	
		January 12, 2052		April 11, 2060	
		June 23, 2060		September 21, 2068	
		December 3, 2068		March 3, 2077	
		May 15, 2077		August 13, 2085	
		October 25, 2085		January 23, 2094	
		April 6, 2094		July 6, 2102	
Mitigation phases		March 21, 1904		June 19, 1912	
		August 31, 1912		November 29, 1920	
		February 10, 1921		May 11, 1929	
		July 23, 1929		October 21, 1937	
		January 2, 1938		April 2, 1946	
		June 14, 1946		September 12, 1954	
		November 24, 1954		February 22, 1963	
		May 6, 1963		August 4, 1971	
		October 16, 1971		January 14, 1980	
		March 27, 1980		June 25, 1988	
		September 6, 1988		December 5, 1996	
		February 16, 1997		May 17, 2005	
		July 29, 2005		October 27, 2013	
		January 8, 2014		April 8, 2022	
		June 20, 2022		September 18, 2030	
		November 30, 2030		February 28, 2039	
		May 12, 2039		August 10, 2047	
		October 22, 2047		January 20, 2056	
		April 2, 2056		July 1, 2064	
		September 12, 2064		December 11, 2072	
		February 22, 2073		May 23, 2081	
		August 4, 2081		November 2, 2089	
		January 14, 2090		April 14, 2098	